



JOHN LIM

is the founder of liveyoungandwell.com, writing articles and showcasing comics to help adults live happier, healthier lives at work.

He runs Gutenhag, an agency that powers small businesses by building their websites, and amplifying their reach through public relations and marketing.

Adulting is tough.

You've just graduated, and you're suddenly thrust into the real world with nothing more than a flimsy certificate, and you're suddenly expected to know:

- What work you like or what you're even good at;
 - How to do your work well;
- How to handle that toxic boss, or horrible colleague;
 - How to ask for a pay rise and a promotion.

That's only the start.

Soon you will need to know how to read the tea leaves, and leave your job. It's not fair. When you were in kindergarten, you had mummy going with you. In school, you had fun orientations. Then in university, you had camps. But suddenly in the adult world, you're expected to know many things.

Breathe.

Vault! will help. It won't have all the answers, but it will have ideas, and actions you can take to immediately apply and improve things.

Relax.

Adulting isn't easy, but it will be worth the journey.

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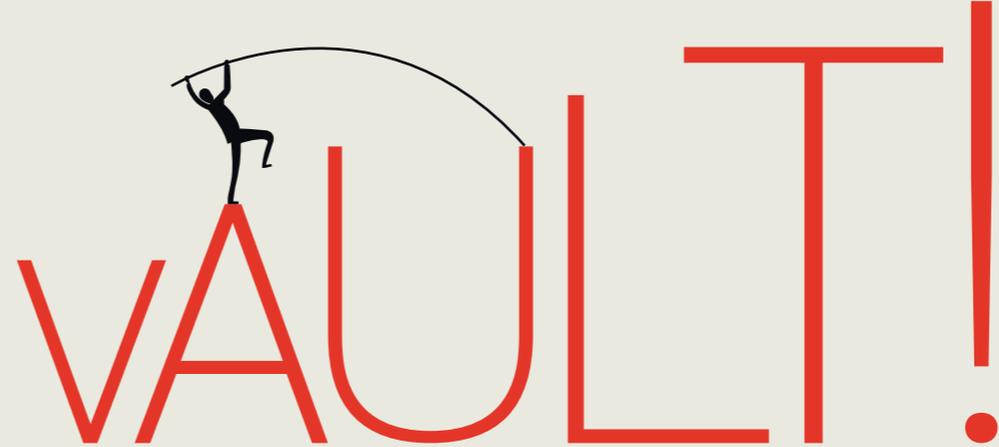
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NO
HACKS
NEEDED



Every Gen Z's Guide to
Getting Through the Swamp of Adulting

JOHN LIM

PRAISES FOR VAULT!

“ John Lim has written a book that needed to be written. It charts the crucial transition from education to work, from both a practical and theoretical viewpoint. Whether you are about to make that transition, in the transition itself, or helping someone else make the transition, you will find the advice in this book invaluable. It should be on every student's bookshelf, real or digital.”

ALAN STEVENS
Past President, Global Speakers Federation

“ I strongly endorse this book to all potential readers of the Gen Z group, both for the teens and the early adults. For the former, it will be a helpful read to gain added skill in facing life's challenges; to the latter, its benefit is to have opportunity for reflection and evaluate how they may have fared in their own personal journey, the lessons from which could provide additional insight even as they become guides to those younger than them.”

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